

ME AND MY ORBS!

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First a bit about me!



33 years ago I started out on my professional career as a clinical chiropodist, little did I know then that this was probably the first step into my healing journey. As a chiropodist I used various aromatherapy oils for foot and leg massage. At first, I gave the oils little attention other than noticing how nice they smelt, but as time went on I realised that different oils had a variety of effects on me and also the client who was being massaged with them.

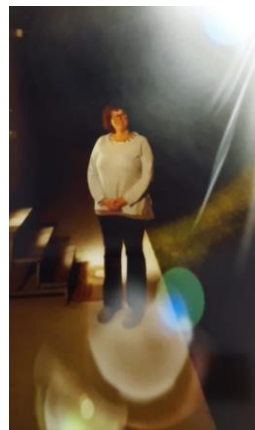
My curiosity began to get the better of me and I decided to investigate further by training in aromatherapy and various other practices of massage. It was some time later I began to understand that something had been switched on or released within myself during my holistic learning process, because I became a virtual walking fountain of healing energy, giving to all and sundry who came to me for massage and foot care treatments. I didn't really think too much of it assuming that this is what must happen to everyone who learns the art of massage. So I just carried on giving this healing energy in any way that felt right to all and sundry who came to me. That was until I came across the College of Healing in 2004!!

Then a rather strange thing happened to me..... Part way through the Foundation Course my healing energy got totally switched off. I saw and felt it diminishing over a 3 day period. Boy did I feel mad with the tutor! I thought he had purposely switched it off, but it wasn't so, as I found out a little later. It was actually my own higher self who had done the deed! In doing so it forced me to work on myself rather than giving all my time and energy to help other people. It had decided that it was definitely time for me to help me! So began my journey into the deepest inner realms of myself and our beautiful universe and cosmos. This of course is a continuous journey as we all know!

Well that's the bit about me, and now for the bit about my orbs!

Up until March 2017 I knew very little about orbs apart from seeing them in other people's photographs. That was until my husband and I bought a static caravan in mid Wales! During our first stay in it, Eddie was just taking some general photos of the inside of the caravan, I happened to be in one or two of them, and when we looked at the photos we were flabbergasted and astonished to see that I was surrounded by many bright circles of light of varying sizes and colours and streaks of bright white lights. It didn't matter whether I was inside/outdoors/daytime or outside in pitch black midnight skies.

There they were - shining beautifully all around me. At first we thought they Welsh spirits and orbs welcoming us to our lovely new caravan, but as time moved on and progressed we realised this wasn't the case, as they were following me around everywhere I went. - They began appearing in many photos with me wherever I was, - at home, during mediation and when healing, at the beach, in the garden, sitting on a rock in the middle of a lake, in the forest, in bed, abroad on holidays. You name it there they were! So that's why I tend to think of them as my orbs, because they seem very attached to me, and me to them now. And three years on, they are still very much with me.



The interesting thing is that there are two very different distinct types of orbs/energies with me, and they always show in the exact same pattern/arrangement, it never ever changes no matter what the environment or situation I am in. Occasionally though they will both show up together in the same photo (then there is a real crowd of them) but normally they do show themselves separately.

So being a rather curious soul I began to “play” with them a bit, and would ask them to appear in a particular photo, which they would do and still are happy to do so whenever I ask them.

The yellow pink and orange ones feel of a very high vibration and are a bit shy, and will generally appear on request only, but I have a sense of when they are ready, so can tell the photographer when to click away. The other ones, -half gold ring and bright translucent with bright colours in them are generally camera happy, and don't need to get ready to have their photo taken, and often appear in a photo without being asked, or me being aware of them. Interestingly often the camera screen has a bit of a funny turn and goes blurry then they appear in the next photo. This, I have been told is them adjusting their frequency and vibrations to match that of the camera.



Trusted colleagues have “looked” at them and “tuned” into them, and independently told me very similar things about them. I.e. that some of the coloured lights are part of my own energy system and what it attracts, some are angels, arch angels and elementals.

The extremely large one is my spirit guide and some of the lights/orbs are its own energy. I have felt this energy over my face for several years never knowing what it was until recently. Physically it actually feels warm in temperature and tingly and fuzzy. It has an energy about it that is so full of love and warmth and has a very vibrant energy. Some of the other orbs are the energy of other spirit consciousness that is drawn to work through my spirit guide and through me. Some are my own healing energy. Others may be nature spirits of an elemental kind.

Phew ... so quite a lot going on in my energy!

After a while I gradually began to wonder if there was a purpose to them and why they are with me, also I began to think, would it possible for me to communicate with them at all.

One of the first purposes became apparent quite quickly to me. I made a small photo album of them and showed it to as many people as I possibly could. Believers, sceptics, people of different religions/cultures/beliefs/nationalities, etc. I felt this was a very gentle way of opening people's minds to other dimensions and existences other than our own. Many people also found it very comforting to see these images knowing that they came from a well trusted source.



During a channelling session a while ago with a colleague I was able to have quite a good question and answer time with them. They were quite happy to chat with us!

One of their purposes is of a personal nature. They are with me to support love and nurture me on my pathway of human and spiritual growth, and also to assist in the repair of my soul which has sustained much damage (as have many of us) over my many life times.

Some of the questions I asked:

Who are you?

Answer "We are pure love"

Would you be happy for me to share your presence to the world in general through social media /internet etc. to raise awareness that you exist or would you prefer me to continue being discerning as to who I share you with?

Answer "THE TIME IS NOW. You have been very gentle showing and sharing. We

are happy now; there is no ego involved, you may share us with whoever you wish. We are here to help you and many other people, via you and through you. You raise questions and doubts which is good. You open doors and have opened doors. You have been a healer many times. We have worked with you in the past. We are familiar to one another's energy. We fit together with you.

At this point I felt a bicycle wheel shape of forward moving energy going through me, and a big expansion of my own energy. Everything went purple. My head felt the size of the room. My crown was being opened. "We are connecting you to many pathways and dimensions and creating access to levels of the universe you have not visited. You will be looked after. Do not be afraid to travel to these places"

A lot of other personal information and guidance came through in this channelling session too.

After the channelling session I had an immediate sense of WOW, and felt totally energised and uplifted on all levels. I was also really hungry for a week afterwards, my appetite was huge and I put on 4lbs in weight.

I'm sure there are many other reasons for them being with me too, but I don't think I will ever be able to know or discover everything or why exactly they chose to show themselves through me.

They are here with me, and that's enough for me.

As these round orbs have been with me for such a long time I never expected to see any more to come and keep me company, BUT.....!!! In the middle of the summer last year (2019) I received some new "visitors", quite unlike the others and very different to anything I have ever seen or experienced before.

I was in the kitchen making a cup of tea after a healing session (as you do!) when I very suddenly became aware of a lot of electricity hovering above my head. I grabbed Eddie who groaned -"oh not more orb photographs please!" (he does get a bit fed up of me asking him to take photos), went back to the healing room, and took some photos. Lo and behold, not a single round orb in sight of any of the photos BUT a whole new energy!

It was, and still is, a long whirly twirly curvy line of many pretty coloured lights. As with the others whenever it is photographed it is always in the same shape. I do believe there is a message in the shape but as yet hasn't figured it out. It has two qualities



to it. When I want to use it I tune into it with a specific symbol and intention. For meditation it comes down in a very light form of energy and for healing it has a much heavier essence and quality to it.

The first time I tuned into it I received two messages from two higher beings, both have a totally different quality of energy, and maybe this explains why the energy that comes through has two very distinct and different qualities, if you are able on your computer, zoom in and see the layers upon layers of beautiful colours.

As yet all three different energies have not appeared in one photo together, but I live in hope! That would be awesome to see, - I'll be working on it. If and when it happens I will send a photo for the newsletter.

As you might imagine having the orbs with and around me has had quite a significant impact on me in many ways and levels.

1. Given me the confidence to “come out” as a spiritual healer (I've always been a bit shy about using this title/label)
2. I find it exciting to have them with me, they fill me with joy and I am very happy having them around.
3. I am always excited when I spot them in another photo, and that releases more of the feel good stuff into my body.
4. I feel as if I am surrounded and held in love by love.
5. I think of them as my invisible friends, and am able to receive spiritual and human guidance/advice from them and have had some interesting conversations with them.
6. I do feel that my own vibrations have been substantially lifted and raised as I am able to channel healing energy for a few hours at a time without tiring. Also I am able to tune in /link in with stronger healing energies when working with clients.
7. I have become more aware and sensitive to energies
8. My clients definitely feel the benefit as energetically the healing energy impacts on them at a much deeper level than it did a few years ago.
9. Plus – clients really enjoy seeing the energies that come through during a healing session (photos are often taken during the session). It strengthens their belief in the spiritual world.
10. I send the photos on to the clients so they can continue to enjoy looking at them and they also share the images with family and friends, hence, in a subtle way I am able to spread the “light” even further out.

I am quite aware that there could be some scientific/technical reason for the orbs to keep appearing in various photographs (which are taken with different devices), but the really important thing IS the impact they have had on me and the way they have helped me on my own personal journey. If it was proven that it was a fault on the cameras that created these images in my photographs, I can honestly say that it would take nothing from me or the way I now feel.



I have been made aware that it is possible using some apps on phones etc. to produce some lighting effects that could produce orb-like appearances on photographs, which requires the image to be edited through the application manually. I have yet to find this application on either my phone or my husbands phone and devices, and when taking photographs we did not utilize this function, merely pressed the “take picture” button.

So, my belief and understanding of these images is that I know that spirit has much more power and is capable of many things that we as humans are not. If they can cause objects to physically move, manifest smells/scents to remind us of departed ones, and manifest things that appear very real to us, why then should they not be able to manipulate our modern technology (such as digital cameras) to prove to us in a visible way that they are here amongst us.

I feel and sense their physical presence around me every day, they enhance any healings I offer tremendously, I receive life enhancing guidance and advice from them. My life is so very different and better on so many levels since they connected with me over three years ago. What they mean to us individually is very different and unique to each person.

Comments or feedback welcome.

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I have recently come across an article www.hopefrombeyondweebly.com which talks about orbs and light flashes emanating from a person's chakras (in the menu bar under Spirit Orbs and Light flashes).